



# REGISTRATION IS NOW OPEN!

We are pleased to extend an invitation to all stakeholders in the field of myotonic dystrophy (DM) to register and actively participate in the IDMC-15 event!

▶ [GO TO WEBSITE](#)

## IDMC-15

May 26  
to 30 , 2026

Hôtel Le Montagnais,  
Chicoutimi, Québec,  
Canada

## IN THIS NEWSLETTER



TRAVEL  
AUTHORIZATION



ALL ABOUT THE  
REGISTRATION



TRAVEL  
GUIDE

...AND MORE!

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## Are you planning to attend IDMC?

Most people need a visa or an electronic travel authorization (eTA) to travel to or transit through Canada. Some people may only need their valid passport.

**Answer a few questions to see what's right for you!**



## Two websites to guide you through your subscription to IDMC-15!

### FOURWAVES

Through the FourWaves platform, you will be able to register for the event and its various activities and submit your abstract.

#### **Register to:**

- Congress
- Shuttle services
- Network Activities

**Register to the event, discover the program and submit your abstract!**



### IDMC15.ORG

The official IDMC-15 website is your travel guide. You will find all the practical informations to help you plan your stay.

#### **Discover more about**

- Accommodation
- Transportation
- Dining options

**Plan your stay and subscribe to the mailing list to get exclusive updates!**



## The preliminary program is now available!

The program will feature scientific sessions, poster presentations, patient-scientist dialogues, and networking events, all set in the unique context of the Saguenay-Lac-Saint-Jean region.

### **Patients and family members day - May 30th**

Informations about the IDMC-15 French-Language Patient Day in Saguenay and the Myotonic Dystrophy Foundation & Muscular Dystrophy Canada Regional Conference in Montréal will be available soon!

**Together, let's build knowledge, strengthen connections, and move forward — one conversation at a time.**



**I want to take a look!**

PSST! If you are thinking about sponsorship, please connect with Mrs. Homira Osman from Muscular Dystrophy Canada, who will coordinate the sponsorship package for the event : [homira.osman@muscle.ca](mailto:homira.osman@muscle.ca)

### **Find all the essential information to help you enjoy your stay in Saguenay!**

Saguenay has nearly 148,800 inhabitants and a 1.165 sq. km. surface area that is twice the size of the island of Montréal. The proximity between the city and nature allows for important benefits.

Sporting and outdoor activities, international cruises, cultural life: Saguenay has so much to offer!

**Discover Promotion Saguenay!**

