

Registration Opens on September 15 2025



WELCOME TO IDMC-15!

We are delighted to welcome you to the 15th edition of the International Myotonic Dystrophy Consortium (IDMC) meeting, which will be held in Saguenay—Lac-Saint-Jean region of Quebec, Canada.

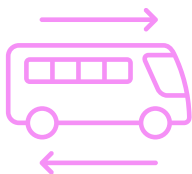
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IDMC-15

May 26
to 30 , 2026

Hôtel Le Montagnais,
Chicoutimi, Québec,
Canada

IN THIS NEWSLETTER



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ACCOMMODATIONS

...AND MORE!

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SHUTTLE TRANSPORTATION

To help make your experience as smooth and enjoyable as possible, complimentary shuttle service will be provided to and from the Congress venue in Saguenay. Shuttles will be available from both Montréal-Trudeau (YUL) and Québec City Jean Lesage (YQB) airports. Return transportation to the same airports is also included.

If you would like to reserve a seat, simply select your preferred departure location and travel date when registering. Departure will be available Sunday, Monday and Tuesday. Return will be available Saturday only.

Each participant is permitted one suitcase and one carry-on.

Please note: Lunch is not provided during transit, and exact departure times will be communicated closer to the event.

IF YOU PREFER TO RENT A CAR, HERE ARE A FEW OPTIONS:

- Enterprise | 418-698-8755 | enterprise.com
- Location Sauvageau | 418-698-5411 / 418-548-2115 / 418-544-7655 | sauvageau.qc.ca
- National Car Rental | 418-549-3888 / 418-547-7486 / 418-677-2061 | nationalcar.ca



TRAVEL TIP

We highly recommend flying into Québec City (YQB), located approximately 2.5 hours by car from Saguenay.

Montréal (YUL) is also an option, but is approximately 5 hours away by car from Saguenay.

Bagotville Airport (YBG) is the closest option, just 15 km from the venue, but please note that flight connections may be limited.



ACCOMMODATIONS

To simplify your stay, rooms have been pre-booked at two nearby hotels:

- Le Montagnais (Congress venue) [Website](#)
- OTL Gouverneur Saguenay (700m from the venue) [Website](#)

A special discounted rate, including breakfast, will be available when you register for the event.

Additional details will be available when the registration period opens on September 15.



PSSST

Search for the stamp on the website to discover our partners!

We look forward to welcoming you to IDMC-15 and to an exciting and inspiring scientific gathering!

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